

Medical Record No:

Name:

Birthday:

國立臺灣大學醫學院附設醫院

National Taiwan University Hospital

## Colonoscopy / Sigmoidoscopy Instruction and Consent Form

Please read the information thoroughly, await the physician's explanation, and then sign the consent form.

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No. (227)

### Colonoscopy / Sigmoidoscopy Instruction Form

The current form provides information on the benefits, risks, and alternative treatment options to the procedure that you are about to receive. We strongly suggest that you read the information carefully. If you have any further questions about the procedure, please do not hesitate to discuss it with your physician thoroughly before signing this document of consent. Your physician will be more than willing to answer any questions you may have.

#### 1. Notes before the exam

(1) Please inform the doctor if you are on anti-coagulation medication, anti-platelet agents, pregnant, allergic to any drugs, or if you have any history of heart disease, hypertension, idiosyncratic, tuberculosis, liver disorders, hepatitis, HIV, or other contagious diseases.

(2) Have you had the following history:  severe diseases  glaucoma  benign prostatic hypertrophy

medication allergies, list name of the medication: \_\_\_\_\_

heart disease (including arrhythmia)  artificial valves  pacemaker implant  artificial vessels

lung disorders: \_\_\_\_\_  asthma (please bring the medication with you) or

other diseases, please list: \_\_\_\_\_

if you are on  anti-coagulation medication,  aspirin

(3) Before the procedure, you will be injected with medication (Meperidine, Butylscopolamine). Some people may experience temporary dizziness, nausea, dryness of the mouth, blurred vision, or palpitations.

(4) The exam room staff cannot change the type of exams. All kinds of endoscopy are prescribed by your clinic doctor, the ward doctor, or ER doctor.

#### ※ Special instructions:

- Two days before the exam: stop eating meat, eggs, and milk. You may eat fish.
- One day before the exam: follow a low fiber diet, such as rice porridge, noodles, soybean juice, and tofu. Stop eating fruits and vegetables. Drink 300-500 ml of water after each meal.
- For a morning exam: eat only low fiber food (breakfast, lunch, and dinner), and fast (no food, except water and prescribed medications) after midnight on the day before the exam. Please take your blood pressure medications before 5:00 AM on the day of the exam, but do not take diabetic medications (nor use insulin injection).
- For an afternoon exam: eat low fiber food for lunch and dinner on the day before exam. On the day of the exam, please fast (no food, except water and prescribed medications) from 5:00 AM. Please take your blood pressure medications as ordered; do not take diabetic medications (nor use insulin injection) on the day of your exam.

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### ※ How to use laxatives:

#### ● For Magvac

#### ◎ Colonoscopy in the morning:

##### Two days before the colonoscopy

Please take low fiber food. Take 2 tablets of Dulcolax before sleep.

##### One day before the colonoscopy

At 6:00 PM only clear liquids may be taken as dinner (water, clear apple juice...)

At 7:00 PM take 1 bottle of Magvac ® 250ml oral solution, it can be mixed with some water or sports drinks.

At 7:30 PM drink as much water as possible, the total amount should be at least 1000cc.

At 10:00PM take 2 tablets of Dulcolax.

Do not eat anything after 12:00AM except plain water.

##### The day of the colonoscopy

Take one Dulcolax suppository at 6:00AM of the examination day.

#### ◎ Colonoscopy in the evening :

##### Two days before the colonoscopy

Please take low fiber food two days before the examination.

##### One day before the colonoscopy

Take 2 tablets of Dulcolax before sleep.

##### The day of the colonoscopy

At 5:00AM only clear liquids may be taken as breakfast (water, clear apple juice...)

At 6:00AM take 1 bottle of Magvac ® 250ml oral solution, then take 250ml water or sports drinks.

At 6:30AM drink as much water as possible, the total amount should be at least 2000cc.

At 9:00AM take 2 tablets of Dulcolax.

##### **DO NOT eat or drink anything after 5:00AM.**

Take one Dulcolax suppository at 12:00PM of the examination day.

#### ● For Niflec

◎ For a morning exam: please take Niflec at 11:00 PM the day before the exam. Add the entire contents of one pack of Niflec to 2,000 ml of cold water. Drink it all within 2 hours. Drink an additional 1,000 ml of water afterwards.

◎ For an afternoon exam: please take Niflec at 5:00 AM the day of the exam. Add the entire contents of one pack of Niflec to 2,000 ml of cold water. Drink it all within 2 hours. Drink an additional 1,000 ml of water afterwards.

#### ● For Fleet

◎ For a morning exam: please take Fleet at 6:00 PM the day before the exam (add one bottle of Fleet to 360 ml of cold water or other clear liquid). Drink it all within half an hour. After having a bowel movement, drink an additional 1,000 ml of water. Please take the other bottle of Fleet at 4:00 AM on the day of the exam (add one bottle to 360 ml of cold water or other clear liquid, and drink it all within half an hour) Drink an additional 1,000 ml of water after having a bowel movement.

◎ For an afternoon exam: please take Fleet at 7:00 PM the day before the exam (add one bottle of Fleet to 360 ml of cold water or other clear liquid). Drink it all within half an hour. After having a bowel movement, drink an additional 1,000 ml of water. Please take the other bottle of Fleet at 7:00 AM (add one bottle of Fleet to 360 ml of cold water or other clear liquid, and drink it all within half hour) on the day of the exam. Drink an additional 1,000 ml of water after having a bowel movement.

\* Stop taking Niflec when experiencing bloating or nausea. Resume taking Niflee when symptoms subside.

\* Please wear loose, comfortable clothing that allows easy access to the arms for injection. Please remove lipstick and nail polish.

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### **2. After the procedure:**

- (1) Discharge: If there is no discomfort, you may leave the hospital after notifying the medical staff.
- (2) To find out the test results, please make an appointment at the clinic the day after the exam. For biopsy results, please return to the clinic one week after the exam.

### **3. Indications:**

- (1) Test area - lower digestive tract (large intestine). There are two types of endoscopic exams:
  - Sigmoidoscopy: The range of inspection is from the rectum to the sigmoid colon.
  - Colonoscopy: Covers all large intestines (from rectum to the cecum).
- (2) Test Purpose - to detect suspected lesions or source of bleeding in the large intestines for further management or treatment.

### **4. Benefits:** (With this procedure, the benefits listed below may be achieved. However, the physician cannot guarantee any definite beneficial results. It is up to you to make an informed decision after fully comprehending the benefits and risks.)

- (1) Removal of tissues: a type of biopsy; the physician places a long thin metal forceps through the endoscope, to take out a small tissue specimen for microscopic analysis. Patients usually do not feel the biopsy. Possible complications include bleeding and perforation, but the probability is less than 0.1%.
- (2) Polypectomy: an electro-ablation method used to remove a larger sized polyp for both diagnostic and therapeutic purposes. Possible complications include bleeding and perforation, but the probability is less than 0.2%.
- (3) Hemostasis: a local injection, electrocautery, argon plasma coagulation, or hemoclip used to stop bleeding if necessary. Possible complication is perforation.
- (4) Success rate: almost 100% except for patients with low tolerance, unusual anatomy, incomplete preparation (bowel has not been emptied), or change of vital signs (e.g. consciousness, heart rate, or blood pressure) during the procedure. If the exam cannot be completed, other exam will be scheduled.

### **5. Risks:** (There is no surgical procedure, or medical intervention, that is free of risks. The potential risks listed below are recognized. However, there are certain unexpected risks that are not listed below.)

Possible complications: some patients may suffer from abdominal distension, abdominal pain, or even perforation, but the probability of this happening is less than 1%.

### **6. Alternative treatment options:** (The alternative treatment options of the proposed surgical procedure, or medical intervention, are listed as follows. If you decide not to accept the proposed surgical procedure, or medical intervention, there might be some associated risks involved. Please consult your physician before making your final decision.)

- (1) Lower GI series
- (2) Angiography (for acute bleeding)
- (3) Red blood cell scan (for chronic bleeding)
- (4) CT Scan

Consequences of not receiving an endoscopy: an accurate diagnosis cannot be made which may affect the outcome of the treatment; you will not receive the benefits of this low invasive procedure.

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### 7. Supplemental instructions from the physician: (If none, please write none)

Signature of the Physician: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (MM/DD/YYYY) Time: \_\_\_\_/\_\_\_\_

## Colonoscopy / Sigmoidoscopy Consent Form

I (the patient) \_\_\_\_\_, born on \_\_\_\_/\_\_\_\_/\_\_\_\_ (MM/DD/YYYY), due to \_\_\_\_\_ require a colonoscopy/sigmoidoscopy. I have discussed the benefits, risks, and alternative treatment options of the proposed exam with the physician. I fully understand all the instructions and explanations from the physician and hereby give consent to the treatment.

I agree  do the inspection only.

to receive the procedure and necessary treatment (e.g. biopsy, polypectomy and hemostasis, etc.)

Signature of the Consenting Party: \_\_\_\_\_ I.D. No: \_\_\_\_\_

Relation to the Patient: self, spouse, guardians, son, daughter, or others: \_\_\_\_\_

Address : \_\_\_\_\_ Phone: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (MM/DD/YYYY) Time: \_\_\_\_/\_\_\_\_

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(1)In case that the patient, his/her relative, or interested party signs the consent form, there is no witness needed. (2) In case that the patient is conscious but unable to sign the consent form and no relative or interested party is present, the patient's signature may be replaced by fingerprint and two witnesses are required. (3)In case that the patient is not clearly conscious and no relative or interested party is present, under emergent condition and two qualified physicians confirmed and documented on the medical record about the emergency, then emergent examination or treatment may be performed.)

Signature of the Witness: \_\_\_\_\_ Signature of the Witness: \_\_\_\_\_

I.D. No: \_\_\_\_\_ I.D. No: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (MM/DD/YYYY) Time: \_\_\_\_/\_\_\_\_