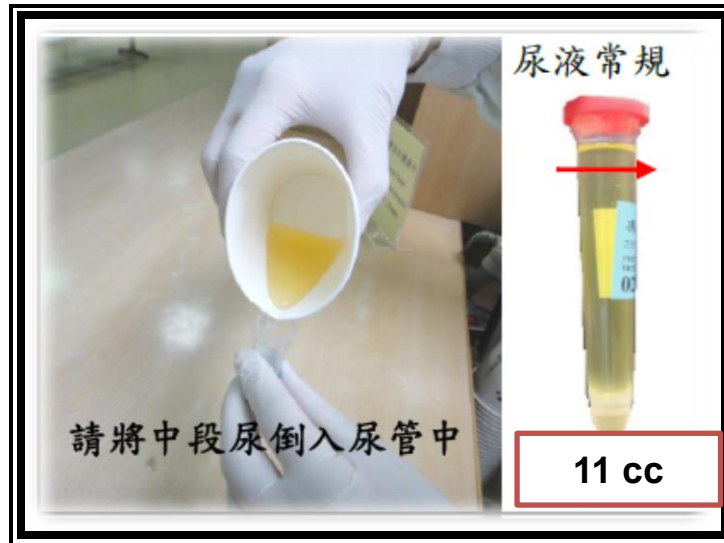


# 尿液常規檢體採檢說明



1. 用尿杯接取中段尿液。(前段尿液請先排掉)
2. 將紙杯尿液倒入尿液收集管中，約 11 毫升。

## ◎注意事項：

1. 生理期間請儘量避免作尿液常規檢查，建議於月經結束後三天再行採檢。
2. 採集尿液送檢前三天請避免服用維生素 C。
3. 新鮮尿液檢驗結果較為可信，尿液採檢後，請儘量於一小時內送檢完成。
4. 若無法及時送檢，檢體應 4°C 保存送檢。
5. 嬰幼兒請用尿袋收集，不可用尿布上之尿液。

## Urine Routine Examination Collect Methods

1. Collect the urine with urine cup in the middle of urination. (Please eliminate the urine at beginning).
2. Pour the urine into urine collecting tube until 11 mL.

## NOTE :

1. Patients are advised against taking the urine routine examination during menstruation; please collect urine sample 3 days after menstruation end.
2. Do not take vitamin C three days before collecting urine.
3. Deliver your urine sample within one hour of collection.
4. If your urine specimen cannot delivered to Specimen Collection Center immediately, please store and deliver the sample at 4°C.
5. Infants and young children's urine should be collected with urine bags. Don't collect urine on diapers. °